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This research study is an attempt to study different aspects of the history of Darrang and Udalguri districts, which earlier was a part of Pragjyotisa-Kāmarūpa in early period and a part of the Darrangi Koch Kingdom in the medieval period. Different political dynasties like the Varmans, Salastambhas, Palas, Ahom, Koch etc. had their sway over the study region. That the study area had a rich cultural heritage is proved by the archaeological remains found in the districts in the form of temple ruins, *satras*, architectural blocks, sculptures, epigraphs, pottery, roads, earthen works like water tanks, ramparts etc. All of them have a history of their own, which reflect the past. The remains are facing the sign of decay both for natural and manmade causes. To preserve our culture it is the need of the hour to document and study them before they are lost forever. The urge to carry out this research study is prompted by the fact that hitherto no one had attempted to trace the history of Darrang and Udalguri districts based on these remains. In this study the following personalities have helped me in different way.

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